



BENEFIT ELECTIONS

Name		Job Title	
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Employee cost is deducted thru Payroll unless otherwise noted	ACCEPT	DECLINE	NOT ELIGIBLE
*Group MEDICAL Insurance -- BCBS NM PPO or HDHP (circle one) NMC contributes 80% of premium			
* Group DENTAL Insurance - Delta Dental NMC contributes 80%			
* 403(b) Retirement Plan – Vanguard NMC matches up to 6% (after 6 months of service) and makes a non-elective contribution of 4.5%, 5.5% or 6.5% for decades of service including years at one of the partner institutions: LANL, UNM, NMSU, NMT, WSU, PPT (CIRCLE ONE if applicable).			
Group TERM LIFE Insurance – Unum NMC contributes 100%			
Group SHORT TERM Disability Insurance – Unum NMC contributes 100%			
Group LONG TERM Disability Insurance – Unum NMC contributes 100%			
Group Supplemental ACCIDENT Insurance - Unum NMC contributes 0 - Employee contributes 100%			
Group Supplemental CRITICAL ILLNESS – Unum NMC contributes 0 - Employee contributes 100%			
* Medical FSA or HSA or LPFSA (circle one) – TASC NMC contributes \$500/year - Employee can contribute up to the IRS limit of \$3850 (FSA) or \$3,050 (HSA) (for 2023)			
* Dependent Care FSA – TASC NMC contributes \$500/year - Employee can contribute up to the IRS limit of \$5,000 (for 2023)			
Legal services and Identity Protection – Legal/ID Shield NMC contributes 50% of premium			
Voluntary LIFE insurance – Unum Additional coverage for self and/or dependents NMC contributes 0 - Employee contributes 100%			
YMCA Gym membership – Los Alamos YMCA NMC contributes \$10 towards monthly membership dues NOTE: this is not a payroll deduction, your monthly fee is direct.			

*Indicates this is a Pre-tax deduction.

By signing, I authorize NMC to deduct the employee share of premiums and/or contributions from my wages.

Employee Signature _____ Date _____